



October 2021

## *Nappy Changing and Toilet Training Policy*

We accept babies and children in nappies. We will need you to provide us with the following:

- nappies
- any cream that you use on your child
- baby wipes if your child is sensitive to the standard wipes or baby lotion that we provide.

We have changing mats, which will be wiped over with disinfectant between each use. Used/soiled nappies are disposed of in nappy sacks and then in lidded bins. These are emptied several times each day and placed in the general waste bins outside which are collected weekly.

All staff use single use plastic gloves and aprons when changing children's nappies to reduce the risk of spreading any infections. If your child is allergic to these please let us know.

We are happy to take a child in cloth nappies. Please discuss the type of nappy system that you use with us and we will work with you to develop a programme for your individual child.

Children's nappies are regularly checked and changed if required, and immediately if soiled.

We believe that changing a nappy should provide lots of opportunity to communicate with your child and as their understanding grows provide time to discuss basic hygiene issues, preparing them for potty training.

When your child starts to show signs that they are becoming aware of their bodily functions, whether this be just at home or at nursery, we will discuss with you your plans around potty training and how we can best support this. Please do not be concerned if your child shows no signs of being ready in comparison to their peers, all children are unique and some are ready before others. If we start the training and your child is not ready then we can stop and start again when they are. Some children take to potty training overnight; for some it is a longer process. The most important thing is that we work together to give your child the support and reassurance they need during this period. We will provide you with daily feedback on how we are progressing with the training.

In order to help your child become independent in going to the toilet we provide the following equipment:

- potties
- toilet trainer seat
- steps for the toilet and the wash basin
- books on potty training

# Lower Covey Ltd

Established 1979

Chapel Lane, Yetminster, Sherborne, Dorset, DT9 6LJ

01935 422215 [info@lowercovey.co.uk](mailto:info@lowercovey.co.uk)



Please let us know if you wish to discuss your child's potty training.

If you have any concerns regarding your child's nappy changing or toileting please do not hesitate to contact us.